



Duncraig Primary School

Suggestions for home learning

This document has been created by Duncraig Primary staff including specialist teachers, with input from Department resources and other schools who are currently sharing resources on various sites.

We have tried to make these resources closely align with the resources we currently use. Activities have not been broken into Junior, Middle and Upper Primary, but the Department's [Learning From Home](#) website is categorised by year level.

In the event of school closure, teachers will deliver content through their own classroom Connect pages.

This collection of activities and links have been collated as a guide not as a curriculum.

Although we feel it's important to maintain an academic routine while children are not attending school, we understand that this may be difficult.

The links have been selected to support student engagement, but it is important to remember that they should always be viewed by an adult for suitability before student access as we have no control over ads and pop ups.

Some of the websites also require logging in or creating accounts. We have tried to keep the majority of the resources free from this, but there are some that are really useful that do require the creation of an account.

Tips:

- We would recommend saving this document to a personal device.
- **Every image or underlined text is a hyperlink** and will take you to a new website when clicked on.
- To return to the pack, **click the back arrow DO NOT close the website**
- This document will be saved in the **DPS Connect Library**.
- Don't forget the **Department of Education** has also released 'Learning at home' resources.



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Suggested Daily Schedule

Children thrive in an environment where there are clear routines. It is important to provide opportunity for free choice within these routines. Setting routines allows children to predict what is next and work towards goals while providing clear boundaries.

Before 9:00am	Morning Routine	Get up, make bed, put dirty clothes in laundry, make breakfast, read a book, play with toys (non-electronic)
9:00 – 9:30	Morning Exercise	To remain healthy, it is important to keep moving and lift the heart rate. See suggestions on the following pages.
9:30 - 11:00	Academic time	Children can develop their academic skills, playing games, solving puzzles, keeping a journal, investigating and inquiring. This may include online learning apps. See suggestions on the following pages.
11:00 - 12:00	Creative time	A big part of learning is developing creative thinking and problem- solving skills. Creative time can include the following activities: Lego, Drawing, craft, playing a musical instrument, cooking. See suggestions on the following pages.
12:00 -12:30	Chores	Chores can be any jobs that need doing around the house. <i>The chores do not need to last 30 minutes. If they are done prior to the time or done quickly, children can have free time for the remaining time prior to lunch.</i> Chores can include the following activities doing the dishes, wiping surfaces, taking out the rubbish, making beds, folding laundry. See suggestions on the following pages.
1:00 -1:30	Lunch	Children who participate in the creation of their own food get a better understanding of how much effort it takes to prepare. Try and encourage them to help during lunch preparation. See suggestions on the following pages.
1:30 -2:00	Quiet Time	After eating (healthy food) they will be reenergised, but it can take a little time for the brain to process the nutrients. After lunch is an ideal time to have some quiet time. i.e. reading, colouring, mindfulness activities. This is not time for electronics.
2:00 – 3:00	Online time	Children can use this time to connect electronically with their friends (if age appropriate) in an online gaming space. It is important for children to maintain these relationships when they are physically isolated from their friends and peers. Alternatively, electronic learning using educational apps, online apps, educational TV. Gaming advice for families from Safe on Social can be found here .

Our Home Timetable










		Monday	Tuesday	Wednesday	Thursday	Friday
Before 9:00am	Morning Routine					
9:00 – 9:30	Morning Exercise					
9:30 - 11:00	Academic time					
11:00 - 12:00	Creative time					
12:00 -12:30	Chores					
1:00 -1:30	Lunch					
1:30 -2:00	Quiet Time					
2:00 – 3:00	Online time					

MORNING EXERCISE



It is important to remain active as part of daily life. The Australian Government recommends that adults need to “Find 30” every day. Children need closer to 60 minutes a day.

Below are some helpful links and information *(please check suitability for your child)*.

EXERCISE IDEAS

  <p>Take the Tiny Trainer Challenge</p>	 <p>25 exercise & indoor activities for kids</p>	 <p>30 ways to get active exercise fun</p>	 <p>At home workout</p>
 <p>Sanfordhealth.org</p>	 <p>Indoor Activities</p>	 <p>Connections Academy</p>	 <p>Brain Breaks</p>

MUSIC and DANCE

 <p>Go Noodle</p>	 <p>Debbie Doo</p>	 <p>Just Dance 2020</p>	 <p>Move to Learn</p>
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YOGA and MEDITATION

 <p>Smiling Minds</p>	 <p>Cosmic Kids</p>	 <p>Kids Yoga</p>	 <p>Headspace</p>
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MATHEMATICS

1: Help reorganise cupboards and drawers. Talk about what will fit and how to make best use of the space. Use words like, Angles, Area, Capacity, Distance, Length, Perimeter, Right-angle, Rotation, Symmetry, Tessellation, Volume and Weight.

2: Teach some basic DIY skills like measuring and cutting wood, putting up hooks, digging and potting plants.

3: Create treasure hunts, draw maps, use descriptive mathematical language to help others find the treasure.

4: Follow building instruction for Lego. If you have lost the instruction you can find them at the Lego website.

5: Plan, measure and create a simple sewing task together. How much material is needed? How much cotton?





6: Play card games that require making collections or runs of numbers.

SKIP COUNTING and TIMES TABLES REVISION

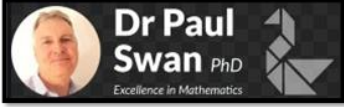










STUDENTS TO LEARN UP TO 12 TIMES TABLES											
↓	Skip count by 2s to 20 and skip count by 10s to 100										
	Skip count by 2s, 3s, 5s and 10s to 100.										
	x5	x10	x2	x11							
	x5	x10	x2	x11	x9	x3					
	x5	x10	x2	x11	x9	x3	x6	x7			
	x5	x10	x2	x11	x9	x3	x6	x7	x4	x8	x12
Revise all tables											

Below are some helpful links and information. (Click on images or link)






LEGO and SEWING

 Lego	 Buggy and Buddy	 Sew Can She	 Red Ted Art
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GENERAL MATH

 <p>Dr Paul Swan PhD Excellence in Mathematics</p>	 <p>IXL</p>	 <p>math Antics</p>
 <p>Mathletics A 3P Learning Product</p>	 <p>prodigy</p>	 <p>Math Playground</p>
 <p>Timestables.com</p>	 <p>Coolmath Games</p>	 <p>Topmarks</p>
 <p>MATH-SALAMANDERS.COM</p>	 <p>Math Drills</p>	

CODING

 <p>Tinkercad</p>	 <p>Grasshopper</p>	 <p>Code.org</p>
 <p>Scratch</p>	 <p>Blockly</p>	

CARD GAMES
















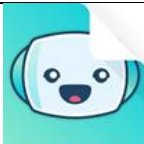
 <p>12 Classic Card Games</p>	 <p>Kid Friendly Card Games</p>	
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ENGLISH

- 1: Write a play and use a sock puppet to perform it.
 - 2: Design a magazine or newspaper on paper, using a word processor or create a web page.
 - 3: Role play a job. For example, a waiter, miner, policeman. Think about the conversations they might have and the vocabulary specific to the job.
 - 4: Dress up in clothes that are not yours. Create different character with the clothes or use the clothes in ways that they were not designed for.
- [Character link for younger children](#)
- [Character link for older children](#)
- 5: Read books, magazines, webpages or food packaging. Take turns to read to each other or to grandparents over video chat.
 - 6: Writing is an important part of life and there are many different occasions we may need to write. Ask Children to try using different [genres](#).

Below are some helpful links and information. (Click on images or links)

ENGLISH WEBSITES

 Reading Eggs	 PLD	 Audible	 StarFall
 SPELD SA	 Free Children Stories	 Reading Rockets	 Vooks
 Phonics Play.co.uk	 Storyline Online	 Into the Book	 Squiggle Park
 Seussville	 Scholastic	 Oxford Owl	 Bookbot

WRITING GENRES

Report:

To describe or classify our living and non-living environment (natural/social/synthetic)

A Report commences with a general statement of classification, a definition of what type of report this is. Then there is a sequence of facts, arranged by topic paragraphs or subheadings. Labelled illustrations, diagrams, graphs, tables may accompany and support the written text.

Report:

Title
Classification
Description
Conclusion

Recount:

The purpose of a factual recount is to retell events in the order in which they happened.

Examples of factual recounts

include:

- journals
- historical texts.

Recount:

Title
Orientation
Events in order
Conclusion

List:

A list is a number of connected items, picture or names, written or printed consecutively, typically one below the other.

Examples of list include:

- Shopping list
- Play list
- Things to do
- Class list

List:

Title
Item 1
Item 2
Item 3
Item 4

Procedure:

The purpose of a procedure is to provide instructions about how to achieve a goal by following a series of steps.

Examples of procedures include:

- recipes
- instruction manuals.

Procedure:

Title
Materials
Sequence of steps

Persuasive text:

The purpose of a persuasive text is to convince the reader or listener to agree with a particular viewpoint.

Examples of persuasive texts include:

- advertisements
- debates.

Persuasive text:

Title
Opening Statement
Arguments
Concluding Statement

Journal:

A record of information, news and events. To inform, report, and make available ideas and original research and new findings. Often devoted to a single concept or the development of an idea.

Examples of a journal include:

- Dairy
- Newspaper
- Visual diary

Journal:

Title
Entry day 1
Entry day 2
Entry day 3
Entry day 4

Narrative:

The purpose of a narrative is to tell a story which entertains the reader or listener.

Examples of narratives include:

- picture books
- traditional tales
- novels.

Narrative:

Title
Orientation
Complication
Resolution

Explanation Text:

The purpose of an explanation is to describe how or why things happen, how things work or how certain tasks are done.

Examples of explanations include:

- flow charts
- reasons for natural phenomena.

Explanation Text:

Title
Introduction
Description
conclusion

Survey:

To query someone in order to collect data for the analysis of some aspect of an idea, group or area.

Examples of Surveys include:

- census
- class surveys
- phone poll
- a [kahoots](#)

Survey:

Title
Questions
Responses
Analyses
Conclusion

LIBRARY ACTIVITIES - Shared by Mrs Key



[Reading For Fun Program](#)



[Reading for K & PP](#)

MULTIPLE LEARNING AREAS



[ABCYa](#)



[Teach Starter](#)



[Twinkle](#)



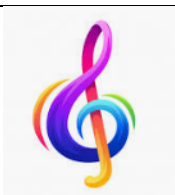
[BBC Teach](#)



[StudyLadder](#)

MUSIC

FRENCH



[Community Song](#)



[French Project](#)

OTHER



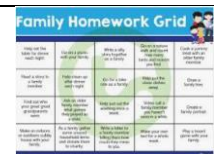
[Scavenger Hunts](#)



[Choice Boards](#)



[Mindfulness](#)



[Homework Grid](#)

SCIENCE

1: [Make bubbles](#). Use different items to make bubbles. Explore which items allow you to create bigger bubbles. Experiment with the mixture and observe the differences.

2: Create a weather station and measure the weather. Think about how you could measure: wind, rain, sun and how you might record the clouds and conditions. Keep a journal of the weather data in the morning and afternoon. Graph each week.



[Build a Weather Station](#)



[Weather](#)



[What is Weather?](#)

3: Human energy comes from the food we eat. Create a list of the food in the cupboard. Investigate the calories of each food. Discover which food gives the highest amount of energy per 100g. List the ingredients in the top 10. What do you notice? Are there any patterns?



[BBC Bitesize](#)



[Daily Intake Guide](#)



[Healthy Kids Assoc.](#)

4: Recycling is important in all homes. It helps reduce waste and recycled objects can be used for other things. Audit (list) what you put in the recycling bin. Categorise the objects in the bin. Develop some ideas of how you can use these items around the house.



[Conservation Energy](#)



[Nature's Path Organic](#)



[ReuseThisBag.com](#)

[Reuse this Bag](#)

5: We are part of a large solar system. Create a model or drawing of the solar system. Include planets, moons and information on each planet. Try to think about scale.

6: The human body is an amazing thing. Do your children know all the parts of the body? Use a big piece of paper/fabric/cardboard and trace around your child. On the tracing start putting all the body parts including bones, muscles and organs.



[NASA](#)



[Solar System Facts](#)



[How the Body Works](#)

Below are some helpful Science links and information. (Click on images or links)

 Science Fun	 Make Science Fun	 Wild Kratts
 Science Show	 Steve Spangler Science	 Fizzics Education

HUMANITIES

1: Make a time capsule: Write about current events, collect photos and objects from this time.

2: Use old cardboard boxes to create a time machine to take you 100 years into the past and 100 years into the future. [Link 1](#) [Link 2](#)

3: Look through old photos and memories and create a [timeline](#).




4: Imagine yourself as an explorer. Where would you go, what would you take and who would you go with? Find out about famous Australian explorers and what they did to survive. Design an explorer backpack and what would you put in it?






[Australian Explorers](#)

5: Imagine if your family (full extended) forms a government. Who would perform the different roles? What are the different roles; what does each person have to do? Draw a diagram of your government. Think about what laws you might pass and what your government policies might be. [Link 1](#) [Link 2](#)

6: The world we live in is an amazing place full of many different cultures and countries. Mapping is an important part of understanding the world. Can you draw a map of Australia showing the states, capital cities, major rivers, mountains, and deserts? Maybe if you would like a challenge you could create a world map showing the same features.

 Geoscience	 Google Maps	 Google Earth
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Below are some helpful links and information. (Click on images or links)

 BTN	 National Geographic Kids	 Melbourne Zoo Live Stream
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HEALTH

1: Create a happy thoughts jar: Write positive memories onto pieces of paper and place them in the jar (try for at least 15). Once done ask someone to pull them out and read them to you. Have a conversation together about what the memories mean to you.

2: Learn more about mindfulness, resilience and growth mindset.

 Kids Health	 Meditation for Children	 <small>SCHOOL DRUG EDUCATION AND ROAD AWARE</small> SDERA	 Khan Academy
 Growth Mindset Activities	 Wabisabi Learning		

3: Staying in contact with friends and relatives is important for our mental health. Create a contact list of the people you would like to keep in touch with. Try to write an email to at least two people a day. In your emails use a [letter writing](#) framework.

FREE TIME (*CREATIVE TIME*)

1. Make a silly sign to put by each sink to encourage hand washing (here are 20+ free printable [handwashing posters](#) if you prefer).
2. Teach kids why it's important to wash hands with this [handwashing activity](#).
3. Bake cookies, a cake, or bread (try our melt-in-your-mouth [sugar cookie recipe](#) that are so much fun to cut out into various shapes and frost).
4. Celebrate [fun holidays](#) with silly crafts and activities.
5. Build a Fort out of couch cushions, furniture and blankets, or this super cool [fort kit](#).
6. Make special popcorn (like oreo popcorn, caramel popcorn, etc. just search pinterest) and watch a movie together.
7. Play in the backyard (as of now, experts say you are fine to be outside as long as you are 1.5m from your neighbour).
8. Draw on the driveway with [chalk](#).
9. Ride your bike up and down the street.
10. Play [backyard games](#) like tic-tac-toe, jenga, twister, connect four, croquet, badminton, volleyball, etc.
11. Kick a soccer ball back and forth or have a friendly family game.
12. Fly a kite.
13. Work on a [1000+ piece puzzle](#) as a family.
14. Colour a picture with crayons, markers, gel pens, or coloured pencils.
15. Deep clean your house as a family.
16. Call Grandma & Grandpa, Aunts & Uncles, Cousins, and friends on face time / skype / facebook
17. Make some silly playdough creations.
18. Blow bubbles! Don't have any bubble solution on hand? Try our amazing [homemade bubbles recipe](#)

19. Make an epic train track all around your living room.
20. Try [Amazing Bubble Painting for Kids](#).
21. Whip up a batch of kid favourite SLIME! Here are our favourite [slime recipes](#).
22. Use this [puffy paint recipe](#) or these [puffy paint recipe ideas](#) to make a fun "3D" project
23. Younger students can seize the opportunity to learn about countries around the world with a less intense activity – they can colour these [Countries Around the World Colouring Pages](#) to explore famous landmarks and cultures.
24. Play a board game.... or two or three.
25. Prepare a scavenger hunt around your house (give clues on post it notes, picture clues, colour scavenger hunt, alphabet scavenger hunt, etc.)
26. Make some music. If your kids play an instrument, they can each work on a piece to perform or make your own [musical instruments](#) .
27. Put on a circus at home where everyone works on an act.
28. Have a fashion show where you make a runway out of towels and put on some music.
29. Travel around the world by preparing meals from different countries by googling recipes online.
30. Have your children write and illustrate a story you can publish into a book and share with family and friends.
31. Look through old family photobooks, scrapbooks, and pictures and tell your kids stories about your family history.
32. Make an obstacle course for kids out of furniture, crepe paper and string.
33. Play your favourite video game or [buy a new game](#) to make the time extra fun!
34. Have a family reading competition! Here are some great [books lists for kids](#).
35. Play shop keepers by making or printing your own pretend money. Put a price on all their toys or items around the house. Let the kids go shopping and practice adding and subtracting money!
36. Make your own pizza night – make a yeast crust and let people pick their own toppings.
37. Follow our simple instructions for [how to make a lava lamp](#) – this will amaze kids!
38. Become superheroes! Have everyone create their own superhero name, power and costume.
39. Build your own ice-cream sundaes – have lots of fun toppings for kids to make their own ice cream creations.
40. Take a bubble bath, play with toys in the bath or have a themed bath.
41. Have an EPIC game of hide and seek with your family throughout your house.
42. Make paper airplanes and have a competition to see whose goes the furthest.
43. Make an [epic marble run](#) out of your toys or [DIY marble run](#).
44. Have a fun dance party with your favourite music.

From <https://www.123homeschool4me.com/101-fun-things-to-do-in-covid-19-isolation/>

